



## HEALTHINESS & CLEANLINESS GUIDELINES

At Highland Lakes Camp it is our commitment to maximize and maintain healthiness for all campers and guests. Highland Lakes Camp recommends the following:

1. Common sense guidelines on not spreading germs
  - Wash your hands several times a day for at least 20 seconds.
  - Cover coughs and sneezes with a tissue or use the inside of your elbow.
  - Avoid touching your face.
2. **Highland Lakes Camp will continue to sanitize and clean as needed to maintain a level of safety for all participants.**
3. Please conduct a thorough symptom check for each camper (adult & student) BEFORE departing for camp. Refer to Health Screening sheet. **Please do not bring sick kids to camp.**
4. All campers (adults & students) must sleep in bunks in a head to toe manner. This will help prevent any potential sicknesses from spreading.
5. At worship you will be asked to sit by church groups. Everyone must stay in their assigned area. Invitation times will be as normal with decisions coming to the front of Miles Auditorium. Churches will be dismissed to Church Group Time by color groups.
6. Always pray, always be flexible, and always have a good attitude.